

Sample programmes (Essential)

Cambridge 4-week ESSENTIAL programme (Residential)

For a 14-night stay students will receive 6 local accompanied walking visits into Cambridge City and 1 inclusive full day trip to London. Embassy Summer reserves the right to offer all excursions by either coach or public transport. The programme is for illustrative purposes only and is subject to amendments or alterations. Student may have lessons EITHER morning OR afternoon in week 1, alternating weekly after that.

The week numbers below represent the 4 weekly cycle of programmes at the centre – week 1 being the first week per the centre start date in the ‘Key Facts’ section on the first page of this guide. Groups will therefore join the week applicable to their start date.

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to Thorpe Park	Walking Tour of Cambridge - Walk from Campus	Debate Club or Optional Half day visit to Cambridge - Visit St Mary's Tower /	Dance, Flag Rugby, Memory Murial / Basketball	Half Day visit to Cambridge Sedgewick Museum- Walk from Campus	Ultimate Frisbee	Full-day trip to London with walking tour, River Cruise and National Gallery
Afternoon		Testing /Induction or Lessons	Lessons	Lessons	Lessons	Lessons	
Evening	Welcome and Team Games	Capture the Flag	Kahoot Quiz Night	Embassy X-Factor Karaoke	Big Game Bingo	Cross Dress Disco	Film Night
			Culture Club	Hit n' Run Cricket	Photo Scavenger Hunt		

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to London	Testing /Induction or Lessons	Lessons	Lessons	Lessons	Lessons	Recycled Materials Robot Making or an Optional
Afternoon		Cambridge River Cam Backs Walk - Walk from Campus	Conversation Club or Optional Half day trip to Cambridge - Visit King's College	Wacky Races	Half Day Trip to Museum of Archeology and Anthropology- Walk from Campus	Giant Board Games, Football, Badminton, Basketball	Full-day trip to Oxford, walking tour and a college visit
Evening	Welcome and Speed Dating	Casino night	Egg Drop Challenge	Embassy Vision Song Contest Karaoke	Touch Rugby	Talent Show	Murder mystery night
			Culture Club	Dodgeball	Movie Making		

Week 3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to Stratford-upon-Avon - visit Shakespeare's Birthplace	Walking Tour of Cambridge - Walk from Campus	Local Walk or an Optional Half day trip to Cambridge - Visit St John's College	Sports/Crafts/Dance	Half day trip to Cambridge Polar Museum- Walk from Campus	Volleyball Tournament or arts and crafts	Full-day trip to London with walking tour and Natural History or Science Museum
Afternoon		Testing /Induction or Lessons	Lessons	Lessons	Lessons	Lessons	
Evening	Welcome and Lip Sync Battles	Beat the Staff!	Fashion Show	Eurovision Karaoke	Dragon's Den Preparation	Scavenger Hunt	Movie Night
			Culture Club	Benchball	Dragon's Den Presentation		

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to London	Testing/Induction or Lessons	Lessons	Lessons	Lessons	Lessons	Frisbee Golf at Castle Hill or an Optional Full-day trip to Warwick Castle
Afternoon		Cambridge Photo Scavenger Hunt - Walk from Campus	Parachute Games or an Optional Half day visit to Granchester Meadows	British Field Sports	Half day trip to Cambridge - Fitzwilliam Museum- Walk from Campus	Rounders Competition	
Evening	Welcome and Flag Making	Crazy Games Team Relay Challenge	Fashio Show Preparation	The Embassy Voice Karaoke	Big Prize Bingo	Emoji Mask Making	Kahoot Quiz Night
			Fashion Show Catwalk	Volleyball	Frisbee Golf		

Sample programmes (Extra)

Cambridge 4-week EXTRA Programme (residential)

For a 14-night stay students will receive 6 local accompanied visits into Cambridge City and 2 inclusive full day trips to other major towns or cities. Embassy Summer reserves the right to offer all excursions by either coach or public transport. The programme is for illustrative purposes only and is subject to amendments or alterations. Final Sunday of Centre 7th August 2017.

The week numbers below represent the 4 weekly cycle of programmes at the centre – week 1 being the first week per the centre start date in the 'Key Facts' section on the first page of this guide. Groups will therefore join the week applicable to their start date.

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to Thorpe Park	Walking Tour of Cambridge	Half day visit to Cambridge - Visit St Mary's Tower	Dance, Flag Rugby, Memory Murial / Basketball	Half Day Trip to Cambridge - Punting	Ultimate Frisbee /	Full-day trip to London with walking tour and National Gallery
Afternoon		Testing /Induction or Lessons	Lessons	Lessons	Lessons	Lessons	
Evening	Welcome and Team Games	Capture the Flag	Kahoot Quiz Night	Embassy X-Factor Karaoke	Big Game Bingo	Photo Scavenger Hunt	Film Night
			Culture Club	Hit n' Run Cricket	Photo Scavenger Hunt		

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to London	Testing/Induction or Lessons	Lessons	Lessons	Lessons	Lessons	Full-day trip to Oxford, walking tour and a college visit
Afternoon		Cambridge River Cam Backs Walk	Half day trip to Cambridge - Visit King's College	Wacky Races	Half Day Trip to Cambridge - Museum of Archeology and Anthropology	Giant Board Games, Football, Badminton, Basketball	
Evening	Welcome and Speed Dating	Casino night	Egg Drop Challenge	Embassy Vision Song Contest Karaoke	Touch Rugby	Talent Show	Murder mystery night
			Culture Club	Dodgeball	Movie Making		

Week 3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to Stratford-upon-Avon - visit Shakespeare's Birthplace	Walking Tour of Cambridge	Half Day Trip to Cambridge - Visit St John's College	Sports/Crafts/Dance	Half day trip to Ely Cathedral	Volleyball Tournament or arts and crafts	Full-day trip to London with walking tour and Natural History or Science Museum
Afternoon		Testing /Induction or Lessons	Lessons	Lessons	Lessons	Lessons	
Evening	Welcome and Lip Sync Battles	Beat the Staff!	Fashion Show	Embassy Idol Karaoke	Dragon's Den Preparation	Scavenger Hunt	Movie Night
			Culture Club	Benchball	Dragon's Den Presentation		

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrivals /local activities or optional trip to London	Testing/Induction or Lessons	Lessons	Lessons	Lessons	Lessons	Full-day trip to Warwick - Visiting Warwick Castle
Afternoon		Cambridge Photo Scavenger Hunt	Half day trip to Granchester Meadows	British Field Sports	Half day trip to Cambridge - Fitzwilliam Museum	Crystal Maze or Rounders competition	
Evening	Welcome and Flag Making	Crazy Games Team Relay Challenge	Fashio Show Preparation	The Embassy Voice Karaoke	Big Prize Bingo	Emoji Mask Making	Kahoot Quiz Night
			Fashion Show Catwalk	Volleyball	Frisbee Golf		